



DID YOU KNOW...

MARCH IS PROBLEM GAMBLING AWARENESS MONTH

➔ **HAVE THE CONVERSATION**

Confidential, 24/7 Help Line - 888-789-7777

www.ct.gov/dmhas/pgs

March is Problem Gambling Awareness Month (PGAM)

Throughout the month of March you are encouraged to get informed about problem gambling and to raise the awareness of others. Through conversation, and information dissemination, we can all do our part to raise awareness about the impact problem gambling can have on individuals, significant others, and communities. DMHAS - Problem Gambling Services encourages you to visit our webpage at www.ct.gov/dmhas/pgs. There you will find fact sheets, videos, and other valuable resources to assist you with these efforts. This past year, 6 stories of recovery were also added in order to put a face on this often hidden addiction, while encouraging the fact that recovery is possible. Please join us in our efforts to raise awareness, and help break down the stigma of this hidden, and often insidious addiction.